

STAYING YOUNG

By Mattie Atwill

I've something to say to you older folks, and you young people listen, too.

For what I'm about to say will some day apply to you.

I know that some of you older folks are happily retired,

And have not ties to bind you, and work is no longer required.

So you're sitting around in idleness, each day becomes a bore.

You're beginning to start thinking, there's nothing worth living for.

You'd like to be in some business, but think it's too late to begin.

Well, I'll tell you about a business that all of you can be in.

Be in the business of staying young, make staying young a career.

Don't live in the past; plan a future; look forward to each added year.

Don't sit around and sigh, and let the world pass you by.

Get with it, and stay with it, all you have to do is try.

Be willing to forget yourself, for at least once in awhile.

Place yourself second, and cause someone to smile.

Kindness pays a thousand fold, this fact is more than true.

Do a favor here and there, and let it work for you.

Be willing to admit mistakes, humility is always grand.

The humble people are the ones who need a helping hand.

Be willing to work for what is right, however rough the way.

For in the end the righteous always have the final say.

This life can be wonderful, tender and thrilling.

You can always find happiness, that is if you're willing.

There's a place for you in this world, work that can be done.

So make up your mind you're not too old to try, and help someone.

I've been in the business of staying young since I hit the fifty mark.

And it's a wonderful business, in which all of you can embark.

It gives you that happy feeling of starting life anew,

But like any other business, it requires your time and attention, too!

So be in the business of staying young, and the heights of joy you'll reach.

Make staying young a career, and I practice what I preach.

Age can be a frightening thing, if you let yourself fear it.

You can't help being up in years, but don't be down in spirit.

Take pride in your appearance, always look up to par.

It's a way of making others forget how old you are.



YOUNG MATTIE ATWILL.

Courtesy of Debbie Adkins.



"STAYING YOUNG" MATTIE ATWILL.

Courtesy of Debbie Adkins.

I know that I'm not indestructible, time is taking its toll.

But I have a goal to reach, and I know I'm not too old.

So get busy and be useful every day you're on this earth.

With your talents and your efforts, find a way to prove your worth.

And be grateful that you're living in a world of youth today.

And you too can be youthful if you think and live that way.

Always be serene and gentle. If in this life things don't go your way,

Turn your left cheek and be happy to unkind words that people say.

God has given us all a cross to bear, but first he measured us and found,

That when we reach the portals, he will exchange our cross for a starry crown.

It's there we'll meet our loved ones that have gone on before.

It's there we'll wear the robes of white, to dwell forever more.

So let us live from day to day, while here upon this earth,

To do someone a golden deed, and our duty let us not shirk.

God will keep us strong and healthy, if in his hands we place our life.

We are living in a world that needs us, filled with envy, sin and strife.

Pulaski County History Books For Sale

The Pulaski County Museum and Historical Society reports it still has copies left to sell of the county's two history books. Volume one is available for \$30, while volume two is priced at \$27.50. Please allow \$2.50 additional per book, if you wish them mailed to you.

Also available from the Pulaski County Museum and Historical Society is the combined volumes one and two of the Tombstone Incriptions Throughout Pulaski County, which is priced at \$20 (plus \$2 postage).

And the museum and society has copies of The First Hundred Years of Crocker, Missouri, by Nellie Wills, at a price of \$7.50 (plus \$1.50 postage).

You may order by writing the Pulaski County Museum and Historical Society, Box 144, Waynesville, Missouri 65583, or the Gene-

alogy Society of Pulaski County, Box 357, Waynesville, Missouri 65583.

These publications also are

available at the Old Stagecoach Stop, the Dusty Attic, and the Kinderhook Public Library in Waynesville.



KUPW RADIO

1390 am - 102.3 fm stereo

WAYNESVILLE, ST. ROBERT, FORT LEONARD WOOD
P.O. BOX D

313 OLD ROUTE 66
WAYNESVILLE, MO 65583-0480

1-573-336-4913
(FAX) 1-573-336-2222